

From SLIET to IIM: Sony Goyal Shares Roadmap for Cracking Competitive Exams

Under the Alumni Lecture Series, a guest lecture cum interactive session on “How to Prepare for Competitive Examinations: Prerequisite and Strategies” was successfully organized by the Department of Food Engineering & Technology, SLIET Longowal, on April 17, 2026.

The session was delivered by distinguished alumnus Mr. Sony Goyal, MBA from IIM Ahmedabad and Vice President of the SLIET Alumni Association. Prof. C. S. Riar, Head of the Department, formally introduced Mr. Goyal and highlighted his achievements and contributions.



The lecture was attended by around 50 undergraduate students of the Food Technology program, particularly from the 2nd and 3rd year. Mr. Goyal shared valuable insights into diverse career opportunities available to Food Technology students, with a special focus on management pathways through competitive examinations like CAT. Drawing from his own academic and professional journey, he guided students on the prerequisites for success, including conceptual clarity, disciplined study habits, and a focused approach.

He elaborated on effective preparation strategies for cracking CAT, emphasizing structured study plans, consistent practice, and regular evaluation through mock tests. He also highlighted the importance of time management, self-analysis, and maintaining motivation throughout the preparation period.

Mr. Sony Goyal shared his vision to strengthen the SLIET Alumni Association through increased alumni engagement and to enhance their involvement in mentoring budding technocrats, thereby contributing to the overall upliftment of the Institute.



The session was highly interactive, with students actively participating and seeking guidance on career planning and exam preparation. At the end of the session, Mr. Sony Goyal was felicitated by Prof. C. S. Riar, Prof. Navdeep Jindal, and Prof. Sukhcham Singh as a token of appreciation. The lecture proved to be informative and motivating, helping students gain clarity on competitive examinations and future career prospects.